



## Criterion 5 – Student Support and Progression

### Key Indicator – 5.1 Student Support

#### *5.1.2 Following Capacity Development And Skill Enhancement Activities Are Organized For Improving Students Capability*

#### ***LIFE SKILL : HEALTH AND HYIEGIENCE SKILL***



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## **LIST OF EVENTS**

- 1. One Day Workshop On “Handling Of Sanitary Napkin Vending Machine And Incinerator” On 12<sup>th</sup> August 2022**
- 2. One Day Workshop On “Handling Of Sanitary Napkin Vending Machine And Incinerator” On 29<sup>th</sup> November, 2022**



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**1. ONE DAY WORKSHOP ON "HANDLING OF SANITARY  
NAPKIN VENDING MACHINE AND INCINERATOR" ON  
12<sup>TH</sup> AUGUST 2022**

**NOTICE OF THE WORKSHOP ON 12/08/2022**

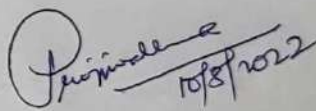
OFFICE OF THE PRINCIPAL  
DARJEELING GOVERNMENT COLLEGE  
DARJEELING – 734101

Date: 10<sup>th</sup> August 2022

**NOTICE**

A One-day Workshop on "Handling of Sanitary Napkin Vending Machine and Incinerator" will be organized on 12<sup>th</sup> August 2022, Friday at The Seminar Hall around 12:15 pm. All the female students, lady teachers and lady non-teaching staffs are requested to attend the same.



  
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## ATTENDANCE SHEET OF THE WORKSHOP ON 12/08/2022

1. Bhaxati Sankar (Geography 3rd sem)
2. Priyanka Natta (Geography 1st sem)
3. Asti Roy (English 1st sem)
4. Debalina Ray (Geo 1st Sem)
5. Pranisha Rai (Zoo 5th Sem)
6. Saruhana Mangar (Zoo PG 1st sem)
7. Nirumma Rai (Zoo PG 3rd sem)
8. Yogita Lama (Geo 1st sem)
9. Ankita Das. (Geo 3rd sem)
10. Ankita Paul (Botany 3rd sem)
11. Moupiya Das (Chem 3rd sem)
12. RITU THAPA (GEO 3rd SEM)
13. MUSKAN FIRDOUSI (BOTANY 3rd SEM)
14. Sawati Saha (Geo 3rd sem)
15. URMI KHATUN (GEO 1st SEM)
16. Mingma Sang Yoluo (Zoo PG 1st sem)
17. Kainat Mirza (ENG 1st Sem)
18. Katharine Angami (Eng 1st Sem)
19. Dipasha Roy (Zoo 5th Sem)
20. Roshni Routh (Zoo PG 1st sem)
21. UDRISHYA CHETTRI (Zoo PG 3rd sem)
22. Pima Saha (BOT 1st sem)
23. Meghna Pramanik (Botany 1st sem)
24. Mandira Han Kaurit (Nepali 3rd Sem)
25. Sudha Das (Eng 3rd sem)
26. Simran Rai (B. Com 3rd sem)
27. Roshni Baraily (B Com 3rd sem)
28. Shreyas Rai (B Com 1st sem)
29. Marben Pakhrin (Botany 3rd sem)
30. Sanjeevani Giri (Bot 3rd sem)
31. Shabnam Tamang (Geo 3rd sem)
32. Sweta Rai (Botany PG 1st sem)
33. Neha Kumari Prasad (Bot PG 1st sem)
34. Bijyata Rai (Botany 3rd sem)
35. Vishaka Rai (Pal. Science 3rd Sem)
36. PRAIYA DHAAL (BOT PG 1st SEM)



*P. Prasad*



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**INVITATION LETTER TO THE RESOURCE PERSON OF THE  
WORKSHOP ON 12/08/2022**



Government of West Bengal  
Office of the Principal  
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Phone / Fax : (0354) 2254078  
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Memo No. ....

Date : 08/08/2022

To,  
Ms. Sheela Karjee  
Assistant Professor, W.B.E.S.  
Department of Economics,  
Darjeeling Government College,  
Darjeeling - 734101

**Sub: Invitation Letter**

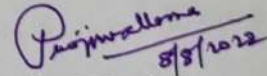
Dear Ms. Sheela Karjee,

This is my great pleasure to invite you for a one-day workshop on "Handling of Sanitary Napkin Vending Machine and Incinerator", Darjeeling Govt. College along with other colleagues, staffs and students interested to attend the same on 12<sup>th</sup> August 2022 at 12:15 pm at the Seminar Hall of this College.

Kindly do the favor by accepting the invitation in the interest of the students and oblige.

Thanking you.

Yours truly,

  
8/8/2022

Dr. Prajwal Chandra Lama  
Officer-in-Charge  
Darjeeling Govt. College  
Darjeeling - 734101  
Officer-in-Charge  
Darjeeling Govt. College





Officer-in-Charge  
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## REPORT OF THE WORKSHOP ON 12/08/2022

A one-day Workshop on “Handling of Sanitary Napkin Vending Machine and Incinerator” was organized on 12<sup>th</sup> August 2022, Friday at the Seminar Hall 12:15 pm onwards. The female students, lady teachers and lady non-teaching staffs of the College attended the workshop. This workshop was arranged to enhance awareness about menstrual health and hygiene among students.

The workshop started at the afternoon with an introductory speech by our respected OIC Sir, Dr. Prajjwal Chandra Lama. He welcomed the audience and highlighted the objectives of the workshop. A brief speech on menstruation and its biology was given by Prof. Priyanka Saha, Department of Zoology. Prof. Saha explained in her speech the anatomy of female reproductive system, physiology of menstruation, menstrual symptoms and disorders, do’s and don’t’s of menstruation. After this, the invited guest, Prof. Sheela Karjee, Department of Economics, gave a talk on what is Sanitary Napkin Vending Machine and Incinerator, their uses and advantages. The audience interacted with the speaker and cleared their doubts regarding the machines.

After the presentation got over, students, teachers and staffs were taken to the site of the machines and demo was shown to them on how to operate the Sanitary Napkin Vending Machine and Incinerator. The students and teachers tried for themselves on how to use these machines and understood the process. The workshop ended with a vote of thanks to the speakers.



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PHOTOS OF THE WORKSHOP ON 12/08/2022



**Photo 1: Sanitary Napkin Vending Machine**



**Photo 2: Incinerator**



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**Photo 3:** Prof. Saha giving presentation



**Photo 4:** Prof. Karjee giving talk on the machines



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**Photo 5: The audience at Seminar Hall**



**Photo 6: OIC Sir operating the vending machine**



*P. P. P. P.*

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DARJEELING GOVERNMENT COLLEGE  
DARJEELING, WEST BENGAL, INDIA-734101

One-Day Workshop  
On  
"Handling of Sanitary Napkin Vending Machine and Incinerator"

Certificate

This is to certify that  
Mr./Miss..... has  
participated in the One-Day Workshop on "Handling of Sanitary Napkin Vending Machine and  
Incinerator" organized by the Darjeeling Government College, Darjeeling, on 12th August, 2022,  
at 12 noon.

Organizing Secretary

Principal/Officer-in-Charge

Model Certificate of Participation  
in Workshop



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**2. ONE DAY WORKSHOP ON “HANDLING OF SANITARY  
NAPKIN VENDING MACHINE AND INCINERATOR” ON  
29<sup>TH</sup> NOVEMBER 2022**

**NOTICE OF THE WORKSHOP on 29/11/2022**

OFFICE OF THE PRINCIPAL  
DARJEELING GOVERNMENT COLLEGE  
DARJEELING – 734101

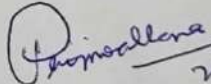
Date: 28<sup>th</sup> November 2022

**NOTICE**

A One-day Workshop on “Handling of Sanitary Napkin Vending Machine and Incinerator” will be organized on 29<sup>th</sup> November 2022, Tuesday at The Seminar Hall from 1:00 pm. All the female students are requested to attend the same.

All the HODs are requested to circulate the notice among the student groups.



  
28/11/2022  
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ATTENDANCE SHEET OF THE WORKSHOP on 29/11/2022

1. Aindneela Paul (Geo 3rd sem)
2. Shreya Saha (Geo 1st sem)
3. Nandini Dutta (ENG 1st sem)
4. Nilayana Barman (Eng 1st Sem)
5. Marben Lama (Zoo 5th Sem)
6. Ankita Sarkar (Zoo PG 1st sem)
7. Shrabona Majumder (Zoo PG 3rd sem)
8. Pietha Saha (Zoo PG 3rd sem)
9. Debarita Saha (Botany 3rd sem)
10. Bhagyashree Roy (Geo 3rd sem)
11. MUSKAN SINGH (MICROBIO 1st SEM)
12. Shrutie Moktan (Physics 3rd Sem)
13. Ambika Bose (Hist 1st Sem)
14. Farida Yasmin (Geography 3rd sem)
15. SNEHA DUTTA (GEOGRAPHY 3rd SEM)
16. Anindita Biswas (ENG 1st Sem)
17. Mingma Chheki Sherpa (Eng 1st Sem)
18. Ananya Saha (Zoo 5th Sem)
19. Divya Rai (Zoo PG 1st Sem)
20. Bhoswati Barman (math 3rd sem)
21. Ishika Gupta (Phy 3rd Sem)
22. Piyali Roy (Eng 3rd sem)
23. Kusanti Tamang (B.Com 3rd sem)
24. Anushi Graemer (Nepali 3rd sem)
25. KAKOLI BARMAN (MATHS 1st sem)
26. Samistha Das (Botany 1st sem)
27. Soumya Thapa (B.Com 3rd sem)
28. Deepshikha Rai (B.Com 1st sem)
29. Sneha Paul (Zoo 5th sem)
30. NANDITA BOHRA (BOT 3rd sem)
31. Swarni Pradhan (Zoo 3rd sem)
32. Pragya Rai (Botany PG 1st sem)
33. Suraksha Sharma (Bot PG 1st sem)



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**INVITATION LETTER OF THE WORKSHOP on 29/11/2022**



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Memo No. ....

Date: 25/11/2022

To,  
Ms. Priyanka Saha  
Assistant Professor, W.B.E.S.  
PG Department of Zoology,  
Darjeeling Government College,  
Darjeeling - 734101

**Sub: Invitation Letter**

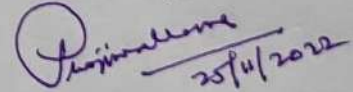
Dear Ms. Priyanka Saha,

This is my great pleasure to invite you for a one-day workshop on "Handling of Sanitary Napkin Vending Machine and Incinerator", Darjeeling Govt. College along with other colleagues, staffs and students interested to attend the same on 29<sup>th</sup> November 2022 at 1:00 pm at the Seminar Hall of this College.

Kindly do the favor by accepting the invitation in the interest of the students and oblige.

Thanking you.

Yours truly,

  
25/11/2022

Dr. Prajjwal Chandra Lama  
Officer-in-Charge  
Darjeeling Govt. College  
Darjeeling - 734101

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Darjeeling Govt. College





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**REPORT OF THE WORKSHOP on 29/11/2022**

A one-day Workshop on “Handling of Sanitary Napkin Vending Machine and Incinerator” was organized on 29<sup>th</sup> November 2022, Tuesday at the Seminar Hall 1:00 pm onwards. The female students and lady teachers of the College attended the workshop.

The workshop started at the afternoon with an introductory speech by our respected OIC Sir, Dr. Prajjwal Chandra Lama. He welcomed the audience and highlighted the objectives of the workshop. A brief speech on the social taboos of menstruation and how to overcome it was given by Prof. Sheela Karjee, Department of Economics. Prof. Karjee explained in her speech what is menstruation, how it is treated in the family, educational institute and society, taboos related with menstruation all over the world, challenges faced by the girls and how to tackle those challenges. After this, the invited guest, Prof. Priyanka Saha, Department of Zoology, gave a talk on what is Sanitary Napkin Vending Machine and Incinerator, their uses and advantages. The audience interacted with the speaker and cleared their doubts regarding the machines.

After the presentation got over, students and teachers were taken to the site of the machines and demo was shown to them on how to operate the Sanitary Napkin Vending Machine and Incinerator. The students tried for themselves on how to use these machines and understood the process. The workshop ended with a vote of thanks to the speakers.



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**PHOTOS OF THE WORKSHOP on 29/11/2022**



**Photo 1: Sanitary Napkin Vending Machine**



**Photo 2: Incinerator**



**Photo 3: Prof. Saha giving talk on the machines**



**Photo 4: Prof. Karjee giving presentation**



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Photo 5: The audience at Seminar Hall



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